



# ABC CLARION

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## Who will win? Trump or Sanders?

by Winston Huang

First announcing his campaign for presidency on June 16, 2015, Trump entered to race for the Republican nomination. Quickly gaining millions of supporters and topping national polls Trump began a promising journey as the Republican nominee.

However, as Trump speaks his beliefs on certain issues, citizens are beginning to really understand the implications of his ideas. Once asked about his immigration laws, he claimed that he will "Build a wall...and make Mexico pay." Trump wants to deport eleven million people back to Mexico because he thinks that they are "all bad...the good ones can come back...the bad ones will leave... and I truly believe this will fix America's im-

migration problem."

Emigrating millions of illegal citizens is unrealistic and would cause turmoil in the economy. Most of the jobs that are not desired by citizens are often taken up by illegal citizens who need a job to continue living in America. It would also cause millions of families to be torn apart and families that may have been reunited are now separated once more.

He constantly reminds United States citizens about his unconstitutional ideas as he rants about the faults in Mexican and Middle Eastern areas. Along with Mexicans Trump desires to deport people of Middle Eastern heritage and claims that on 9/11, he saw Muslims cheering as the Twin Towers fell. His followers

were quick to rush to his support as they commented that they saw the Muslims cheering as well.

Time and time again, Trump has been debunked by fact checkers and other candidates saying that they did not observe anything closely related to his comments. However, it takes more than a few words to stop someone like Trump.

Although Trump claims to be able to decrease America's debt, that may not be enough to lead this country. On the other hand, Bernie Sanders, who was not the matter of discussion months ago, is now becoming the center of attention as his ideas trump Trump's.

His more idealistic approaches to problems do not require sending millions of illegal citizens

across the border, but rather offering legal citizenships. However, when it comes down to the pure politics, Bernie Sander's policies may seem more appealing.

He knows that there are multiple problems with America in its current state, however, instead of insulting those around him, he

faces these problems and is careful of what he says. Bernie Sander's used to be a footnote of the Democratic elections, but now, he is making a rebuttal. Trump's now infamous Republican campaign for the presidency, may bring uproar in America, but Sander's can make America great again.

## What's Up with Mental Health?

by Tanya Wang

Mental health, it's important right? Then why do we treat people with mental health problems like aliens? Are mental health problems really that weird? Is it really all just in our heads?

If we treated people with physical injuries the same way we treat people with mental disorders, things would be a little bit weird. Are physical health problems really that different from mental health problems? Imagine someone going up to you when you're sick and saying, "I know you're sick, but are you trying to get better?" What about if someone was taking medication for diabetes and someone just straight out said, "I don't think you need to take medication everyday just to feel normal." Isn't that horrible? I'm pretty sure people with mental health problems don't want to take medication. I know people who take medication and don't want people to know. They go through a lot of problems with medication too. Although they may feel a little better, there are tons of negative side effects and the medication doesn't really kick in immediately. It takes time. Let's have another example: you cut yourself on something and you're bleeding a lot, someone comes up to you and says, "You just need to suck it up. Everybody goes through this and you're only feeling sorry for yourself. Get over it!" Or maybe you're violently sick because of a stomach virus

or something and someone literally just asks, "Why don't you just go to the doctor? You should probably see a doctor." It's not easy to open up about your mental health problems the same way you can open up about physical health problems. Don't you think it's time for us to start taking mental health a lot more seriously than now?

Now how about the issue about mental health awareness? Everyone's freaking out about how we should bring about mental health awareness so people with mental health problems don't feel so excluded. There's even a freaking mental health awareness week! But in all seriousness, does anyone actually care? I asked a lot of my friends during mental health awareness week if they knew about it and they didn't. THEY DIDN'T!!! What's the point of a mental health awareness week if no one knows about it? Also, most people hide their mental health problems, but when they actually get the courage to tell someone about their problems, they get a bunch of hate or comments like, "Stop trying to get attention! It's all in your head, you don't really have problems."

Basically, mental health overall isn't being taken very seriously. We need to encourage awareness, actual awareness, and treat people with mental health problems differently. People with mental health problems should be comfortable seeking help.

## Should Syrian Refugees Be Allowed into The U.S.?

by Oscar Chen

A common topic in the Presidential debates and in recent online forums is whether or not Syrian refugees should be admitted into the US. The Syrian Civil War began in the spring of 2011, and it has heavily affected Syria's citizens. Of the 22 million inhabitants before the war, 11 million are displaced, and 250,000 have been killed- some due to chemical weapons, which were outlawed under the Geneva Conventions. These people are in desperate need of help. And yet, America still cannot make up her mind, citing security issues. But the answer is simple- let them in.

4.6 million refugees have fled Syria; most have traveled to nearby countries, and later, to the EU Turkey now houses 1.7 million people; in Lebanon, Syrians now make up 25% of their overall population. The EU has received over 200,000 asylum requests, with 45% of them going to Germany. Canada has planned to accept 25,000 refugees; Prime Minister Justin Trudeau emphasized that the so-

lution of national security "was not to build a wall or scapegoat the Muslim community" while still preserving national security. By contrast, the US has admitted only 2,000 Syrians, falling far short of Obama's goal of 10,000 refugees.

Why have we sat back on our hands and done almost nothing in terms of relief aid? Are we content to bomb ISIS on their territory, but not to welcome in civilians fleeing the carnage we cause? Are we content to condemn innocent children to a poor, nasty, brutish, and short life? Are we content to shut down our consciences, the very part that makes us human, altogether?

Granted, there's a security risk when Syrian immigrants enter our nation, which certain politicians and people are all-too-happy to latch onto and hang on tight for dear life. But there is a security risk when any immigrant enters any nation. Syrian refugees are the most heavily vetted group in the US, according to the State Department. Each refugee is in-

dividually checked by the UN refugee committee, then by the State Department, the FBI, and by the Department of Homeland Security for terrorist connections. This process lasts anywhere from 18 months to two years. Therefore, the chance of a terrorist entering the US by posing as a Syrian migrant is miniscule.

The point is, we need to open our hearts and give these refugees a home. Our national mission since 2001, the War of Terror, is to show ISIS and terrorist cells that we are not intimidated by them. That even when they bomb national landmarks and take hostages, we will not cower under our beds and wait for the storm to pass. Instead, we stand up to ISIS and accept their victims, Syrian refugees, who only want to build their lives, same as what any American would want in the same situation. And only then are we America, land of the free, and home of the brave.

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